## **About Fina**

At Fina Australia, we are creating new benchmarks in disability care nationally. We are "A Community of Care" - honest, tolerant and compassionate. We facilitate outcomes, respect hopes dreams and abilities. We listen and learn in equal measure and we are committed to informed decision-making and self-determination. We are also committed to training our staff to the highest possible standard.

## The Fina Way – our point of difference

Fina's point of difference with other providers is our commitment to consultation and planning. We believe that full, enriched lives don't just happen. They're planned.

# Reach out

It's time to switch off the TV, get off the couch and give Fina a call or contact Gemma Lovich <u>fina@fina.org.au</u>. We would be delighted to answer any questions you might have about availabilities, costs and options.



30-54 Aquatic Centre Drive Burpengary Queensland 4505

PO Box 621 Morayfield Queensland 4506 07 5428 0155 fina@fina.org.au fina.org.au



## **Summer Autumn Winter Spring**

Community Participation plans are always designed around the seasons. We take the best of what summer, autumn, winter and spring each has to offer.

### What's on offer?

Anything your heart desires, really. Here are a few suggestions - but we're very keen to hear yours!

#### You can:

- > attend a personal development course
- ▶ join a social group
- po to a restaurant or a café for lunch or dinner
- ▶ go on an outing a barbecue in the park, a picnic on the beach, a walk in the bush
- visit your local library or community centre
- > see a movie or a concert
- yo to community events
- ioin a sporting club

## **Learning and Life Skills**

At Fina, we're committed to helping each client reach his / her true potential. Our trained staff work with clients, families and / or guardians to identify and achieve an individualised blend of life skills and educational outcomes to build capacity, confidence and independence.

### Here's just a few ideas to get you thinking.

- creating meal plans / shopping lists
- grocery and other shopping
- cooking and general kitchen skills
- laundry, cleaning, simple yard maintenance
- ▶ learning to use the internet do banking, pay bills
- learning to use public transport



