



Give it a Go Thursday

Old hand? New hand? Try your hand!

Whether you're an old hand at something or just curious, 'Give It a Go Thursday' at Fina Club is the place to have a go at whatever takes your fancy.

Lots of groups doing different things on the same day.

You choose!

What about fishing?
Playing pool at the pub?
Checking out a live music gig?

You won't be bored. Promise!

Try something new each week.

- Kick the footy
- Have a crack at arts and crafts
- Do lunch at the local RSL
- Play darts
- Stretch yourself at yoga or Tai Chi
- Treat yourself to a "pamper day"—hand massage, foot massage, get your nails done...

The right place at the right time!

Many 'Give It a Go Thursday' activities are offered at Fina Park. But if we need to go somewhere else, we just climb aboard the Fina Club bus and go!

'Give It a Go Thursday' activities run between 9am and 4pm—and are organised around the four seasons—winter, spring, summer and autumn.



Our program runs between 11 and 13 weeks depending on public holidays.

What to bring

What to bring:

- your morning and afternoon tea and lunch
- your water bottle
- your hat
- your brightest smile
- ... and your raincoat.

Because you never know!



Book your spot on the bus now.

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Fina will provide a Service Agreement for supports in line with the NDIS price limit.

You acknowledge that, in the event of a price change, Fina will amend the programme's fees to reflect the new NDIS price limit.

Signed authorisation/agreement by both parties is required prior to commencement of the programme.



A Community of Care

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